Niños Menu (kids)

Mini SuperTender Steak (4oz)

Savour the tender perfection of our mini steak & chips, with one choice of peppercorn, gravy or mushroom sauce. Cooked perfectly and bursting with juicy flavour. A delightful treat for young steak connoisseurs, 9.95

Bite into these mini chicken fillet burgers that pack a big taste. Juicy grilled fillet topped with melted cheese & mayo, nestled in a soft bun, and served with chips and a choice of lemon & herb, mild or hot \$@@@RA sauce. 6.75

All freshly made to order, 5.95 each

Sip of the Ocean

Virgin mojito with a refreshing blend of mint and lime; perfect for a zesty and cooling sensation

A tropical delight featuring the sweet and juicy flavours of fresh mango & passion fruit, blended with a hint of citrus and Lemonade.

Pina Colada

A version of the classic mocktail, combining creamy coconut milk, pineapple juice, and a touch of sweetness for a tropical escape.



Embark on a flavourful adventure with our grilled chicken tenders with chips and a choice of lemon & herb, mild or hot SOBORA sauce. Succulent bites of marinated chicken, perfect for little hands to enjoy. 6.75

Mac & Cheese

Savour the ultimate comfort food experience with our creamy mac and cheese. Each bite is a velvety blend of rich, cheesy perfection, guaranteed to warm your heart and satisfy your soul. 6.75

A vibrant mix of mixed berries, crushed ice, and a splash of lemonade, creating a burst of fruity flavours.

A beautiful blend of fresh strawberries, orange juice, and grenadine syrup, creating a visually stunning mocktail with a delightful taste.

Welcome to Seven

Where we specialise in providing premium quality steaks that are carefully prepared using traditional secret processes that have been passed down through generations of our family.

Our expertise in marinating and cooking steaks stems from our roots in the plains of Africa, where we developed our signature marinades that have been refined over time to create a succulent, juicy, and SuperTender steak that is sure to tantalize your taste buds.



Tough Principles | Tender Results



Indulge in pure dessert delight with our sizzling brownie. Warm, gooey, and utterly irresistible, it's a sweet symphony of chocolate ecstasy. Dive into a sizzle of pure bliss! Small 6.95. Large 9.95



Entradas (Starters)

SOBORA Chicken Wings

5 Fiery Sobora Chicken Wings: 24-hour marinated in spicy, citrus sauce, perfectly grilled for irresistible flavour 6.95

SuperTender Grilled Chops

Tender Melt-in-Your-Mouth Chops: 4 grilled pieces, 24-hour marinated in our traditional family spice blend. Resulting in a flavour-packed sensation that will leave you wanting more 9.95

Angry Shrimps

Fiery Temptation: Tempura shrimp drenched in spicy tangy sauce, garnished with chives for a tantalizing delight. 9.95.

Ultimate Nacho Bliss

Crunchy tortilla chips smothered in melted cheese, spicy salsa, and jalapenos for an irresistible fiesta. 7.50

Fine Bean Chips

Crispy Bean Delight: Deep-fried fine beans for a crispy, fresh, and crunchy snacking experience. 6.95

Ultimate Entrada Platter

Shareable selection featuring 4 wings, 3 chops, angry shrimps, nachos, and fine bean chips. Perfect for indulging in a variety of flavours, 18.75

Premium Sizzler GOURMET Burgers

All premium burgers come with chips, crispy lettuce, onions mayo & our special burger sauce in a fresh brioche bun Served in a sizzler with a choice of sizzling peppercorn, mushroom or gravy sauce for an irresistible delight

SOBORA Chicken Fillet Burger

Flame-grilled chicken fillet generously smothered in our mouthwatering Soboranaise for a burst of flavour, topped with tomato and cheese 9.75

The Famous SEVEN Steakhouse Burger

Savoury Prime Beef Patty: Handmade with 100% juicy premium beef mixed with our special blend of African herbs and spices. Topped with grilled mushrooms & our 7 Special burger sauce. 11.75

Grilled Fish

Whole Tilapia fish

Tantalizing Allure: Immerse yourself in the explosion of flavour from our freshly sourced Tilapia. Marinated in our famous Sobora blend, they ignite taste buds with tanginess and irresistible Spiciness, Comes with Salad, Lemon & a choice of Rice Chies or Mash, 19.95.



EXTRAS 1.50 portion

Cheese, Caramalised Onions Bebidas (Drinks)
Jalapenos, Egg, Mushroom Rubicon Mango Pineapple slice. Steak cut chips 2.75 SOBORA Spicy chips 4.25 Garlic bread (4pcs) 3.75 Coleslaw 2.75 Sobora Spicy rice 3.75 4 Onion rings 2.75 Creamy dreamy mash 3.75

Sauces 1.75 Caramalised onion gravy Peppercorn sauce Mushroom sauce SOBORANAISE A blend of our mouthwatering chilli sauce & creamy Mayo

Ensaladas (Salads) Ceasar Salad Crispy romain lettuce, croutons, parmesan cheese dressing, 4.75

Rubicon Passion Rubicon Guava **IRNbru** Ginger Beer 2.25 each

Fresh Juices 2.25 Orange

Apple Pineapple Fruitshoot 1.25

The 7's Salad Fresh tomatoes, onions, sweetcom, lettuce, jalapenos, cucumbers gamished with coriander 4.75

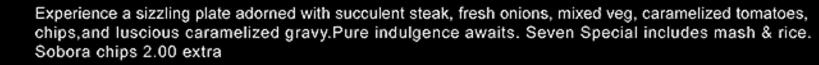
The GAUCHO'S Select

Sticky BBQ Beef Short Ribs Indulge in the irresistible pleasure of our Meaty Sticky Beef Ribs. Tender and succulent, these ribs are coated in a tantalizing sticky glaze, a perfection of sweetness and savoury flavours. Served with additional sticky sauce to indulge in. 21.95

SuperTender Lamb Shank Platter

Indulge in pure indulgence. Slow-cooked to perfection, this melt-in-your-mouth delicacy overflows with rich flavours, leaving you craving more. 17.75

PLATOS PRINCIPALES (Mains SIZZLERS)



Luxurious Wagyu Lomo (Filet Mignon)

Savour our tantalizing Wagyu Filet Steak: Buttery texture, African herbs, cracked black pepper. 60.00

SEVEN SPECIAL! Bife de Chorizo (sirloin steak)

Experience the epitome of culinary excellence with our marbling and bold flavour. Enjoy a symphony of succulent Sirloin Steak. Carefully selected for its exceptional savoury notes with every mouthwatering bite. 22.90

AFRiCut Special Cut

Savour our AFRiCut Steak, grass-fed Argentine beef grilled to perfection. Succulence meets secret African herbs and spices. Unforgettable dining awaits, 19.95

Lomo (Filet Mignon)

Relish our African Herb-Infused Filet: Tender, mouthwatering grass-fed beef elevated by family crafted spices. 28.95

Ojo de Bife (Rib-Eye)

Juicy,flavourful perfection that satisfies steak aficionados. Marinated for 24 hours with African herbs & Spices, 23.75

Bife de Costilla (T-Bone)

Experience the legacy of African-infused SuperTender steaks, expertly marinated for 24 hours, delightful, 24.75

SuperTender CHIMI CHOPS

These are hefty, juicy, prime loin lamb chops served with the standard sides as above and a mouth watering delicious Chimichurri sauce 19.95

ANY QUESTIONS?

Meet Dr. Steak, our menu maestro at Seven Steakhouse. For all your culinary questions and insights, simply scan this code and let the consultation begin!



Nyama Nyama

Indulge in our Unique Steak, a testament to the culinary legacy of our forefathers. A succulent 2-in-1 cut. A sirloin & SuperTender AFRiCut combination. 33.50

SOBORA Chicken Steak

Succulent, flame-grilled perfection with tantalizing tongue tingling flavour in every bite. 18.50

SuperTender Lamb Steak

Substantial, flavourful cut with tender, on-the-bone meat and a rich African-infused marinade, 21.95

Oceanic Delight: Jumbo Prawns

Exquisite Size, Irresistible Flavours

Explosive Magnificence: 5 Jumbo Prawns that transport your taste buds to new culinary bliss with succulent texture and delightful flavours. Comes with Salad, Lemon 19.95

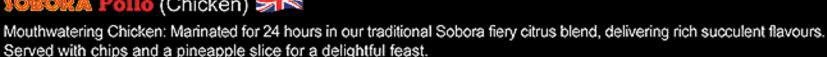


Brazilian Bombshell: Lean and beefy, bursting with deep, rich flavour served with chimichurri. Prized in Latin America. 39.90

Succulent Surf & Turf Fusion

Unleash your palate's desires with our exquisite 4oz Picanha steak & 3 Jumbo prawn Fusion. Delight in a symphony of flavours as succulent seafood intertwines with tender land based delicacies, creating an extraordinary culinary journey that will leave you craving for more. Served with mixed veg, caramelized onions & tomatoes, chips, and luscious caramelised gravy 29.90

👀 🗮 Pollo (Chicken)



1/2 Juicy Sobora Chicken Succulent and flavourful, marinated in our signature fiery citrus blend. 10.95

Whole Juicy Sobora Chicken

Sobora chicken, 14.95

Indulge in a full portion of our succulent

Ultimate Sobora Chicken Platter

2 whole juicy Sobora chickens, 6 spicy Sobora wings, served with fries, coleslaw, and 2 slices of pineapple. A feast to remember!. 29.75

Flame-Grilled Sobora Wing Platter

10 wings marinated in our famous spicy citrus Sobora blend. Served with spicy Sobora chips and coleslaw for a fiery feast. 12.75.