

Niños Menu (kids)

Mini SuperTender Steak (4oz)

Savour the tender perfection of our mini steak & chips, with one choice of peppercorn, gravy or mushroom sauce. Cooked perfectly and bursting with juicy flavour. A delightful treat for young steak connoisseurs. 9.95

Mini SOBORA Burger

Bite into these mini chicken fillet burgers that pack a big taste. Juicy grilled fillet topped with melted cheese & mayo, nestled in a soft bun, and served with chips and a choice of lemon & herb, mild or hot SOBORA sauce. 6.75

Mocktails

All freshly made to order. 5.95 each

Sip of the Ocean

Virgin mojito with a refreshing blend of mint and lime; perfect for a zesty and cooling sensation

Passionate Mango

A tropical delight featuring the sweet and juicy flavours of fresh mango & passion fruit, blended with a hint of citrus and Lemonade.

Pina Colada

A version of the classic mocktail, combining creamy coconut milk, pineapple juice, and a touch of sweetness for a tropical escape.

Desserts

Sizzling Chocolate Brownie

Indulge in pure dessert delight with our sizzling brownie. Warm, gooey, and utterly irresistible, it's a sweet symphony of chocolate ecstasy. Dive into a sizzle of pure bliss! Small 6.95. Large 9.95

Chicken Tenders

Embark on a flavourful adventure with our grilled chicken tenders with chips and a choice of lemon & herb, mild or hot SOBORA sauce. Succulent bites of marinated chicken, perfect for little hands to enjoy. 6.75

Mac & Cheese

Savour the ultimate comfort food experience with our creamy mac and cheese. Each bite is a velvety blend of rich, cheesy perfection, guaranteed to warm your heart and satisfy your soul. 6.75

Berrylicious

A vibrant mix of mixed berries, crushed ice, and a splash of lemonade; creating a burst of fruity flavours.

Sunset Kiss

A beautiful blend of fresh strawberries, orange juice, and grenadine syrup, creating a visually stunning mocktail with a delightful taste.

Welcome to Seven

Where we specialise in providing premium quality steaks that are carefully prepared using traditional secret processes that have been passed down through generations of our family.

Our expertise in marinating and cooking steaks stems from our roots in the plains of Africa, where we developed our signature marinades that have been refined over time to create a succulent, juicy, and SuperTender steak that is sure to tantalize your taste buds.

SEVEN STEAKHOUSE

Tough Principles | Tender Results

M E N U



www.sevensteakhouse.com



Entradas (Starters)

SOBORA Chicken Wings

5 Fiery Sobora Chicken Wings: 24-hour marinated in spicy, citrus sauce, perfectly grilled for irresistible flavour 6.95

SuperTender Grilled Chops

Tender Melt-in-Your-Mouth Chops: 4 grilled pieces, 24-hour marinated in our traditional family spice blend. Resulting in a flavour-packed sensation that will leave you wanting more 9.95

Angry Shrimps

Fiery Temptation: Tempura shrimp drenched in spicy tangy sauce, garnished with chives for a tantalizing delight. 9.95

Ultimate Nacho Bliss

Crunchy tortilla chips smothered in melted cheese, spicy salsa, and jalapenos for an irresistible fiesta. 7.50

Fine Bean Chips

Crispy Bean Delight: Deep-fried fine beans for a crispy, fresh, and crunchy snacking experience. 6.95

Ultimate Entrada Platter

Shareable selection featuring 4 wings, 3 chops, angry shrimps, nachos, and fine bean chips. Perfect for indulging in a variety of flavours. 18.75

Premium Sizzler GOURMET Burgers

All premium burgers come with chips, crispy lettuce, onions mayo & our special burger sauce in a fresh brioche bun Served in a sizzler with a choice of sizzling peppercorn, mushroom or gravy sauce for an irresistible delight

SOBORA Chicken Fillet Burger

Flame-grilled chicken fillet generously smothered in our mouthwatering Soboranaise for a burst of flavour, topped with tomato and cheese 9.75

The Famous SEVEN Steakhouse Burger

Savoury Prime Beef Patty: Handmade with 100% juicy premium beef mixed with our special blend of African herbs and spices. Topped with grilled mushrooms & our 7 Special burger sauce. 11.75

Grilled Fish

SOBORA Whole Tilapia fish

Tantalizing Allure: Immerse yourself in the explosion of flavour from our freshly sourced Tilapia. Marinated in our famous Sobora blend, they ignite taste buds with tanginess and irresistible spiciness. Comes with Salad, Lemon & a choice of Rice, Chips or Mash 19.95



PLATOS PRINCIPALES (Mains SIZZLERS)

Experience a sizzling plate adorned with succulent steak, fresh onions, mixed veg, caramelized tomatoes, chips, and luscious caramelized gravy. Pure indulgence awaits. Seven Special includes mash & rice. Sobora chips 2.00 extra

Luxurious Wagyu Lomo (Filet Mignon)

Savour our tantalizing Wagyu Filet Steak: Buttery texture, African herbs, cracked black pepper. 60.00

SEVEN SPECIAL! Bife de Chorizo (sirloin steak)

Experience the epitome of culinary excellence with our succulent Sirloin Steak. Carefully selected for its exceptional marbling and bold flavour. Enjoy a symphony of savoury notes with every mouthwatering bite. 22.90

AFRiCut™ Special Cut

Savour our AFRiCut Steak, grass-fed Argentine beef grilled to perfection. Succulence meets secret African herbs and spices. Unforgettable dining awaits. 19.95

Lomo (Filet Mignon)

Relish our African Herb-Infused Filet: Tender, mouthwatering grass-fed beef elevated by family crafted spices. 28.95

Ojo de Bife (Rib-Eye)

Juicy, flavourful perfection that satisfies steak aficionados. Marinated for 24 hours with African herbs & Spices. 23.75

Bife de Costilla (T-Bone)

Experience the legacy of African-infused SuperTender steaks, expertly marinated for 24 hours. delightful. 24.75

SuperTender CHIMI CHOPS™

These are hefty, juicy, prime loin lamb chops served with the standard sides as above and a mouth watering delicious Chimichurri sauce 19.95

ANY QUESTIONS?

Meet Dr. Steak, our menu maestro at Seven Steakhouse. For all your culinary questions and insights, simply scan this code and let the consultation begin!



SCAN ME

Nyama Nyama

Indulge in our Unique Steak, a testament to the culinary legacy of our forefathers. A succulent 2-in-1 cut. A sirloin & SuperTender AFRiCut combination. 33.50

SOBORA Chicken Steak

Succulent, flame-grilled perfection with tantalizing tongue tingling flavour in every bite. 18.50

SuperTender™ Lamb Steak

Substantial, flavourful cut with tender, on-the-bone meat and a rich African-infused marinade. 21.95

Oceanic Delight: Jumbo Prawns Exquisite Size, Irresistible Flavours

Explosive Magnificence: 5 Jumbo Prawns that transport your taste buds to new culinary bliss with succulent texture and delightful flavours. Comes with Salad, Lemon 19.95

WAGYU Picanha Steak

Brazilian Bombshell: Lean and beefy, bursting with deep, rich flavour served with chimichurri. Prized in Latin America. 39.90

Succulent Surf & Turf Fusion

Unleash your palate's desires with our exquisite 4oz Picanha steak & 3 Jumbo prawn Fusion. Delight in a symphony of flavours as succulent seafood intertwines with tender land based delicacies, creating an extraordinary culinary journey that will leave you craving for more. Served with mixed veg, caramelized onions & tomatoes, chips, and luscious caramelized gravy 29.90

EXTRAS 1.50 portion

Cheese, Caramelised Onions
Jalapenos, Egg, Mushroom
Pineapple slice.
Steak cut chips 2.75
SOBORA Spicy chips 4.25
Garlic bread (4pcs) 3.75
Coleslaw 2.75
Sobora Spicy rice 3.75
4 Onion rings 2.75
Creamy dreamy mash 3.75

Sauces 1.75

Caramelised onion gravy
Peppercorn sauce
Mushroom sauce
SOBORANAISE
A blend of our mouthwatering chilli sauce & creamy Mayo

Ensaladas (Salads)

Cesar Salad
Crispy romain lettuce,
croutons, parmesan cheese
dressing. 4.75

Bebidas (Drinks)

Rubicon Mango
Rubicon Passion
Rubicon Guava
IRNbru
Ginger Beer
2.25 each

Fresh Juices 2.25

Orange
Apple
Pineapple
Fruitshoot 1.25

The 7's Salad

Fresh tomatoes, onions,
sweetcorn, lettuce, jalapenos,
cucumbers garnished with
coriander 4.75

The GAUCHO'S Selections

Sticky BBQ Beef Short Ribs

Indulge in the irresistible pleasure of our Meaty Sticky Beef Ribs. Tender and succulent, these ribs are coated in a tantalizing sticky glaze, a perfection of sweetness and savoury flavours. Served with additional sticky sauce to indulge in. 21.95

SuperTender Lamb Shank Platter

Indulge in pure indulgence. Slow-cooked to perfection, this melt-in-your-mouth delicacy overflows with rich flavours, leaving you craving more. 17.75

SOBORA Pollo (Chicken)

Mouthwatering Chicken: Marinated for 24 hours in our traditional Sobora fiery citrus blend, delivering rich succulent flavours. Served with chips and a pineapple slice for a delightful feast.

1/2 Juicy Sobora Chicken

Succulent and flavourful, marinated in our signature fiery citrus blend. 10.95

Whole Juicy Sobora Chicken

Indulge in a full portion of our succulent Sobora chicken. 14.95

Ultimate Sobora Chicken Platter

2 whole juicy Sobora chickens, 6 spicy Sobora wings, served with fries, coleslaw, and 2 slices of pineapple. A feast to remember!. 29.75

Flame-Grilled Sobora Wing Platter

10 wings marinated in our famous spicy citrus Sobora blend. Served with spicy Sobora chips and coleslaw for a fiery feast. 12.75.